

# Application 101

It's easy to get overwhelmed trying to apply several messages from a conference. But by **starting small and being specific** you work to create lasting change.

Here are **two simple, concrete ways to act on what you've learned during the conference.**

## 1) Take One Message and Apply It

*\_Review: Go back over your notes. Listen to the message again.*

*\_Renew your mind: What particular truth (about God, about his Word) stood out to you in this message? How did it change your thinking?*

*\_Respond: What are you called to as a result of this message? What needs to change in your life? What is one area of struggle or temptation that should be informed by this message?*

## 2) Create a Bible Reading Plan

Here are five simple elements to consider (including those Dr. Piper mentioned) in order to get specific as you plan to read the Bible:

### Time

When will you read?

*Nail down a time and stick to it.*

How long will you read?

*Set a reasonable but faith-filled goal.*

### Place

Where will you read?

*Find a place you won't be distracted.*

### Plan

What will you read?

*Pick a book of the Bible, a devotional, or a topic to study.*

How will you read?

*Decide how much time you'll read and journal and meditate and pray, and what else you'll use to supplement your study.*

### Memorization

What will you memorize?

*Start with just one verse and work on it every day.*

### Involving Others

Who will you involve in your reading?

*Tell others about your plan or find a friend on the same plan so you can talk about what you read and apply God's Word together.*